

Paduka Puja items

To take part, register online at nrsaicentre.org.uk/padukapuja

Items required are as follows:

- Baba's paduka's (any size)
- Clean hand towel
- Two large steel plates and a steel bowl
- Cushion, mat or handkerchief to sit on. (Devotees sitting on chair do not require this)
- Conch (shankh) - if you have one
- A bell (ghantadi)
- Copper tumbler (kalash)
- Kumkum (red powder) and Chandan/sandalwood
- Abil (white powder), Gulal (pink powder) and Sindoor.
- 5 handfuls of rice grains
- Multi-coloured thread (nadachhadi roll)
- White thread (kumbharnadu roll)
- 5 to 7 flowers
- Any fruit of your choice
- Few almonds, pistachios, cashew nuts (badam, pista & kaju) - dry fruit
- Betel leaf (nagarvel nu paan)
- Cloves, Cinnamon and cardamom (luing, elchi and tuj)
- Small vibhuti packet
- Two 500ml bottles of still water
- 5 plastic spoons and some tissues
- Honey mixed in milk (madhuparkam)
- Perfume – alcohol free (attar) – if you have
- Items for abhishekam (holy pouring) - only small amounts of the following necessary:
 1. Milk
 2. Yoghurt
 3. Honey
 4. Turmeric mixed in water
 5. Fresh coconut water (Not pre-packed or boxed . Break the coconut on the morning of the puja
 6. Fresh fruit juice
 7. Vibhuti water
 8. Rose water
 9. Panchamrut (mixture of 5 items: milk, yogurt, ghee, honey and sugarcandy).

You can still participate in the puja even if you do not have all the items.